***A.S.P.I.R.E.***

**A: Approach/attitude/arrange**

* + Approach your studies with a positive attitude
  + Arrange your schedule to eliminate distractions

**S: Select/survey/scan**

* + Select a reasonable chunk of material to study
  + Survey the headings, graphics, pre- and post questions to get an overview
  + Scan the text for keywords and vocabulary: mark what you don’t understand

**P: Piece together the parts:**

* + Put aside your books and notes
  + Piece together what you've studied, either alone, with a study pal or group:  
    summarize what you understand.

**I: Investigate/inquire/inspect:**

* + Investigate alternative sources of information you can refer to:  
    other text books, websites, experts, tutors, etc.
  + Inquire from support professionals (academic support, librarians, tutors, teachers, experts,) and other resources for assistance
  + Inspect what you did not understand.

**R: Reexamine/reflect/relay  
Reexamine the content | Reflect on the material | Relay understanding**

* + Reexamine:   
    What questions are there yet to ask? Is there something I am missing?
  + Reflect:   
    How can I apply this to my project? Is there a new application for it?
  + Relay:   
    Can I explain this to my fellow students? Will they understand it better if I do?

**E: Evaluate/examine/explore:**

* + Evaluate your grades on tests and tasks: look for a pattern
  + Examine your progress: toward achieving your goals
  + Explore options: with a teacher, support professional, tutor, parent if you are not satisfied.